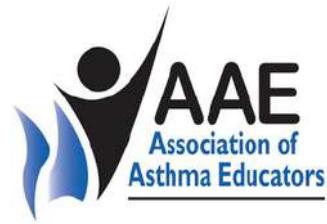
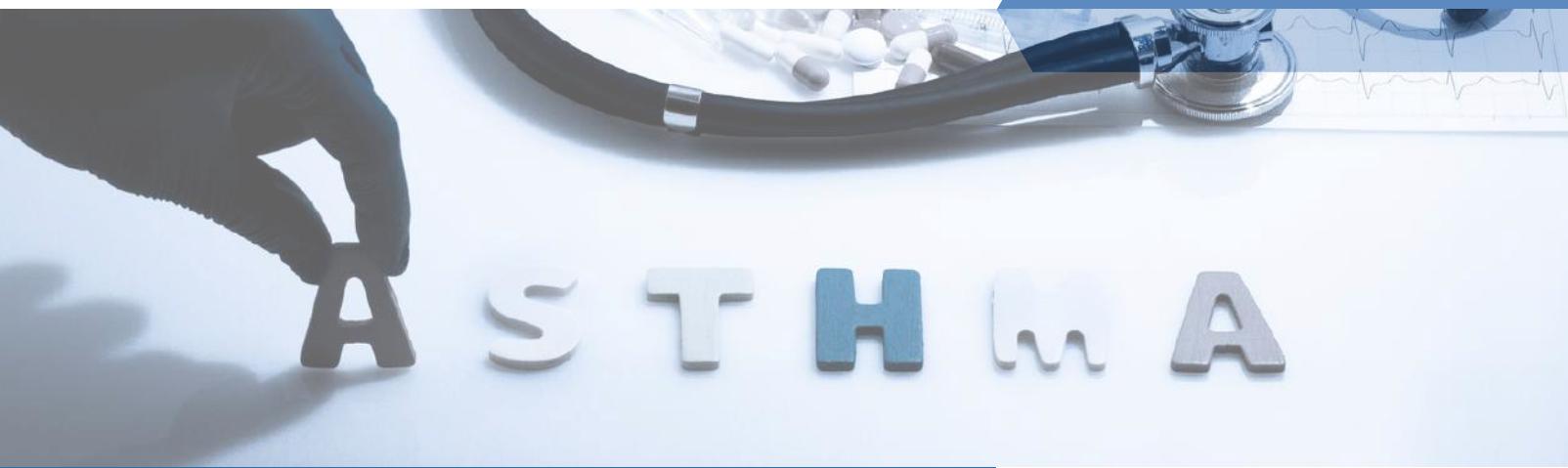


# LEADING THE WAY



Association of Asthma Educators Newsletter

Volume 1 2024



## News You Can Use

by Sandy Tovar, DNP, APRN, PPCNP-BC, AE-C

The Association of Asthma Educators (AAE) is the premier national nonprofit organization devoted to excellence and raising the competency of diverse individuals who educate patients and families living with asthma.

We hope you enjoy our latest AAE Newsletter. Our goal is to communicate with our membership by providing helpful and current information. The AAE board invites you to submit a case presentation or short article of interest for publication. We welcome your contribution in all areas of practice: clinical care, administration, education, and research. We know that each of you are providing essential and outstanding service in your communities and would appreciate you sharing your experiences. Your work is inspirational to others.

### Newsletter Editors:

Sandy Tovar, DNP, APRN, PPCNP-BC, AE-C  
Kari Elliott, DNP, CPNP-PC, NP-C, AE-C  
Lisa Scarbrough Isaacs, RRT, MS, AE-C

## NEWSLETTER HIGHLIGHTS

2024 Annual Conference

Association Between E-Cigarette use & Asthma Among US Adolescents

Boehringer Ingelheim to Cap Inhaler Costs at \$35 Per Month

FDA Approves Xolair® for Children and Adults with Food Allergies

News

Upcoming Events



# 2024 Annual Conference

Our 2024 Annual Conference will be held in Charlotte, NC on July 17, 18, 19. Our mission is to provide a meeting full of valuable content, robust networking and an incredible amount of collaboration and planning among our network of asthma educators and industry sponsors and supporters. There truly is no other national event like the AAE Annual Conference- with intense focus on enhancing the ability for all members of the asthma education community to increase their knowledge, expand their capabilities and together become a greater force in improving asthma education programs everywhere.

Registration is OPEN-visit [www.asthmaeducators.org](http://www.asthmaeducators.org) for details!

## CONFERENCE AT A GLANCE

JULY 17-19

JULY 17: DUAL LEARNING TRACK

BREAKFAST, LUNCH, AND RECEPTIONS ALL DAYS

**Dual  
Learning  
Track Day**

**JULY  
17**

**JULY  
18**

**JULY  
19**

### **Clinic, ED, and Home: The Continuum of Asthma Education**

- ✓ Full Conference Day
- ✓ Product Theatre
- ✓ Certs: CE, CRCE
- ✓ Luncheon

### **Pharmacology-Focused Track**

- ✓ Full Conference Day
- ✓ Product Theatres
- ✓ Certs: CME, ACPE, CE, CRCE
- ✓ Luncheon

### **General Session**

- ✓ Plenary
- ✓ Product Theatres
- ✓ Certs: CME, ACPE, CE, CRCE
- ✓ Luncheon

### **General Session with Breakouts**

- ✓ Cooper Memorial 5K Fun Run
- ✓ Product Theatres
- ✓ Certs: CME, ACPE, CE, CRCE
- ✓ Luncheon

# ASTHMA ADVOCATES

## EZINNE CHINEMERE

I have been working in asthma in some capacity since 2012, starting my work doing asthma home visits and environmental assessments in Baltimore. I have had the great privilege to expand my work and knowledge by doing asthma telehealth in different states, teaching health educators and community health works, and most recently using my dissertation to highlight the inequities in asthma care among black and brown children/families.

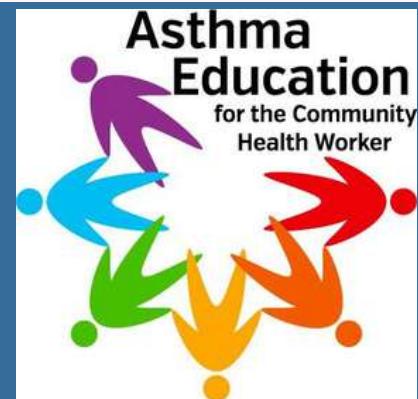
## ASTHMA EDUCATION FOR THE COMMUNITY HEALTHWORKER TEAM

### WHAT THE PROGRAM PROVIDES

- Ensures that community health workers receive a consistent high-quality curriculum developed by Certified Asthma Educators
- Provides an effective, nationally available low-cost program
- Facilitates community health workers' communication with clinical mentors for professional development

## LORENE ALBA

Lorene develops and delivers asthma management education and content through her chronic disease consulting company, LEA Creative. This includes virtual and in-person education for patients and their caregivers, health educators, and clinicians. She writes patient-facing articles for [Asthma.net](http://Asthma.net) and [DailyBreath.com](http://DailyBreath.com) and moderates their online communities. She is currently providing asthma home visitor training (AAE's Asthma Training for the CHW, health literacy, and cultural sensitivity) for community health workers for the state of Maryland.



## JAN ST GEORGE

It wasn't until I took the AE-C exam and began doing Home Asthma Visits 10 years ago that I really began to learn about Asthma. Before then, I understood the pathophysiology, diagnostic testing, medication mgmt. etc...but I only saw the patients with severe exacerbations in the ED and ICU. I've learned that a lot of these "non-compliant" patients had a world of barriers that I never really considered. Barriers that impeded their care and management. Asthma is a very challenging disease to manage.

Patient education is the first step to help patients and their families understand what is happening inside of them, Action Plans and peak flow monitoring- all taught to help them manage their asthma. I have always felt that knowledge is power and I feel privileged to share what I have learned with these patients. They are so appreciative when something is explained so they can understand why.



Association of Asthma Educators  
**Annual Conference**  
 July 17, 18, 19 2024  
 Charlotte, North Carolina

**TEAM**  
**Approach to**  
**Holistic**  
**Asthma Care**



**AAE ANNUAL CONFERENCE**

**JULY 17, 18, 19**

**CHARLOTTE, NORTH CAROLINA**

**RENAISSANCE SOUTHPARK**  
**REGISTRATION IS OPEN!**

<https://asthmaeducators.org/conferences>

## BOEHRINGER INGELHEIM TO CAP OUT OF POCKET INHALER COSTS AT \$35 PER MONTH

Pharmaceutical manufacturer Boehringer Ingelheim has announced a \$35 per month cap on out-of-pocket costs for all of the company's inhaler products for eligible patients, according to a news release. The program will "dramatically reduce costs at the pharmacy counter" for patients who are under- or uninsured.

The out-of-pocket cost cap will go into effect on June 1, 2024. The list of inhalers includes:

- Ipratropium bromide HFA (Atrovent HFA) inhalation aerosol
- Ipratropium bromide and albuterol (Combivent Respimat) inhalation spray
- Spiriva HandiHaler (tiotropium bromide inhalation powder)
- Spiriva Respimat 1.25 mcg (tiotropium bromide) Inhalation Spray
- Spiriva Respimat 2.5 mcg (tiotropium bromide) Inhalation Spray
- Stiolto Respimat (tiotropium bromide and olodaterol) Inhalation Spray
- Striverdi Respimat (olodaterol) Inhalation Spray

Read More at: <https://www.drugtopics.com/view/boehringer-ingelheim-to-cap-out-of-pocket-inhaler-costs-at-35-per-month#>



SCAN ME

**CHECK THIS OUT!**  
 "MORE DRUG COMPANIES STEP FORWARD WITH VOLUNTARY PRICE CAPS ON INHALERS" | ALLERGY & ASTHMA NETWORK

## ASSOCIATION BETWEEN E-CIGARETTE USE AND ASTHMA AMONG US ADOLESCENTS: YOUTH RISK BEHAVIOR SURVEILLANCE SYSTEM 2015–2019

### Background

Previous studies have suggested that e-cigarette use, which has increased rapidly among US adolescents, may cause respiratory distress. This cross-sectional study aimed to investigate the factors associated with e-cigarette use and the relationship between e-cigarette use and asthma among US adolescents.

### Methods

Data from the Youth Risk Behavior Surveillance System between 2015 and 2019 were analyzed, and multivariable logistic regression was used to identify demographic and behavioral factors associated with e-cigarette use. Stratified analyses were conducted to assess the relationship between e-cigarette use and asthma among adolescents by previous combustible product use.

- Males, previous substance use, and depression linked to more e-cigarette use.
- Hispanic teens had lower e-cigarette odds than White peers in Texas.
- The association between e-cigarette use and asthma among adolescents was examined.
- A stronger link was found in those who had never used other combustible products.
- Public health strategies are needed for e-cigarette use among US adolescents.



Scan for full details

# FDA APPROVES XOLAIR® (OMALIZUMAB) AS FIRST AND ONLY MEDICINE FOR CHILDREN AND ADULTS WITH ONE OR MORE FOOD ALLERGIES



- Approval is based on data from the NIH-sponsored Phase III OUtMATCH study, which showed a significantly higher proportion of food allergy patients as young as 1 year treated with Xolair could tolerate small amounts of peanut, milk, egg and cashew without an allergic reaction, compared to placebo
- More than 40% of children and more than half of adults with food allergies have experienced a severe reaction at least once
- Detailed OUtMATCH results were featured in a late-breaking symposium at the 2024 AAAAI Annual Meeting

EAST HANOVER, N.J., Feb. 16, 2024 -- Novartis announced that the US Food and Drug Administration (FDA) has approved Xolair® (omalizumab) for the reduction of allergic reactions, including anaphylaxis, that may occur with accidental exposure to one or more foods in adult and pediatric patients aged 1 year and older with IgE-mediated food allergy. People taking Xolair for food allergies should continue to avoid all foods they are allergic to (commonly referred to as "food allergen avoidance"). Xolair should not be used for the emergency treatment of any allergic reactions, including anaphylaxis. Immunoglobulin E (IgE)-mediated food allergies are the most common type and are typically characterized by the rapid onset of symptoms following exposure to certain food allergens. Xolair is the first and only FDA-approved medicine to reduce allergic reactions in people with one or more food allergies. Xolair is widely available and can now be prescribed for appropriate patients with IgE-mediated food allergy in the US.

## AAE AND UAB: IMPROVING ASTHMA EDUCATION TOGETHER

AAE conducted our AE-C Exam Preparation and Review Course for the amazing team at University of Alabama Birmingham, January 26 and 27, 2024. Jointly supported by UAB and EPA, there were 39 participants! We are grateful for their dedication and are so proud of their vision.

We are committed to support their efforts to fortify their program and we will provide mentorship to each individual seeking to obtain AE-C Certification.



Contact us to set up a consultation if your program is ready to take the next step with AAE!

This course is designed as a review for individuals who actively engage in the education of persons with asthma and wish to pursue certification/recertification as an asthma educator. AAE's course is taught by credentialed asthma educators (AE-C, Asthma Educator-Certified) and is based on the NAEBC detailed content outline. The course content includes:

- Epidemiology
- Pathophysiology
- Factors contributing to acute and chronic asthma
- Patient and family assessment
- Asthma management: pharmacological, behavioral and environmental interventions
- Development of an asthma action plan
- Program outcomes
- Referral and professional networking,
- Spirometry for the health care professional

# UPCOMING EVENTS

## AAE Calendar

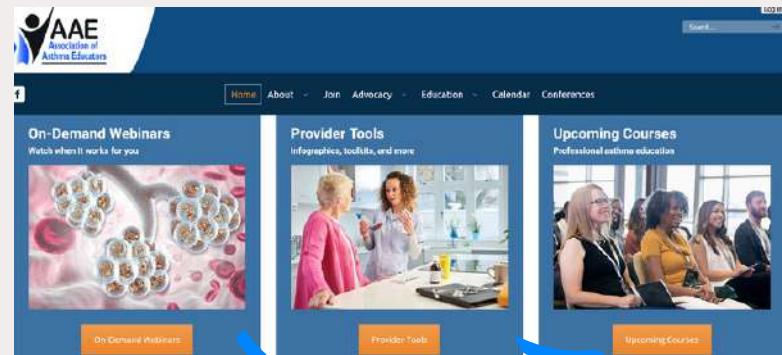
Visit our website and click on *Upcoming Courses*

### AAE'S WORLD ASTHMA DAY WEBINAR

#### MOTIVATIONAL INTERVIEWING

Gregory Metz, MD, FAAAAI, FACAAI, AE-C

Tuesday, May 7 1:15 Eastern



### AAE'S BECOMING AN ASTHMA EDUCATOR AND CARE MANAGER (BAECM)

Wednesday, May 8: 12:00 PM - 4:00 PM Eastern

THE 2024 North Carolina Asthma Summit:  
Asthma Management with the SMARTT Approach

Thursday, May 9

8:00 AM-3:30 PM

[CLICK HERE TO REGISTER FOR THE SUMMIT](#)

### AAE'S ASTHMA EDUCATOR AE-C PREP/ RECERTIFICATION REVIEW COURSE

10 May 2024, 12:30 PM (MDT) – 11 May 2024,  
4:30 PM (MDT)

### 2024 NC Asthma Summit: Asthma Management with a SMARTT Approach

May 8-May 9, 2024 OPEN ALLIED HEALTH NURSING



### North American Pediatric Allergy and Asthma

#### Congress 2024

**April 12, 2024 to April 14, 2024**

Las Vegas, NV US

<https://education.acaai.org/NAPAAC24#group-tabs-node-course-default>

Don't miss this exciting opportunity to be part of the 2nd North American Pediatric Allergy and Asthma Congress (NAPAAC) that will take place April 12-14, 2024, at the JW Marriott Las Vegas Resort & Spa. This 3-day CME program – developed jointly by the American College of Allergy, Asthma and Immunology (ACAAI) and the Canadian Society of Allergy and Clinical Immunology (CSACI) – will focus entirely on pediatric allergies and related conditions.

### 2024 TAAIS (Texas Allergy Asthma and Immunology Society ) Annual Meeting

**April 25-28, 2024**

Hyatt Regency Lost Pines Resort & Spa, Cedar Creek, Texas  
(near Austin)

575 Hyatt Lost Pines Rd.  
Cedar Creek, TX (near Austin)

Physicians, FITs, nurses, nurse practitioners, physician assistants, PhDs and PharmDs should register for the meeting as attendees.

Here's the link

<https://taais.org/2024meeting/>

# NEW AAE MEMBERSHIP ONLINE COMMUNITY

## Welcome

Welcome to your new AAE Community! The AAE Community will allow you to interact regularly and easily with peers, experts, and organizational staff. We feel this is an ideal way to enhance our organization's benefits to you, our members.

Within AAE Community, members have:

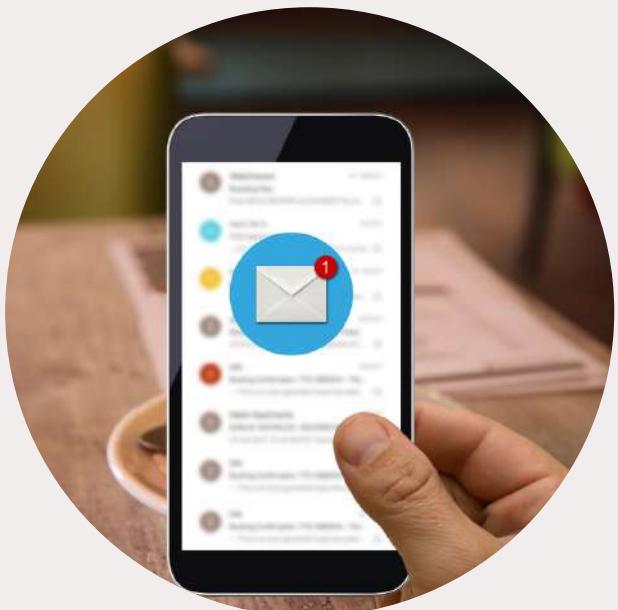
- The ability to post questions in forums where peers and experts from across the industry can respond with their insights and ideas.
- The ability to share your own expertise in response to the questions of others.
- Opportunities to build your network through formal connections, private messaging, and other options.
- A robust and easy-to-access resource library, where you can download what you need when you need it.

As you get started,

- Check out the interest-based groups to see what other people are already posting.
- Search the member lists to see who is in the community. We are a small, but mighty group. We know you will surely find some familiar faces!
- Send a connection request to colleagues that you know or want to know.
- Introduce yourself in the topical groups.
- Be sure to complete your profile, including a profile photo, so that people can easily search for you by expertise, interest, or goal.

Thank you for your ongoing contributions to our organization. We hope to see you around AAE Community as we continue to advance our industry and to support one another.

BOOKMARK: <https://aaecommunity.smallworldlabs.com/dashboard>



# Association of Asthma Educators

MEMBERSHIP MATTERS

## JOIN US

### OUR PURPOSE

Join AAE in striving for excellence. Together, we can improve lives. It is vital that individuals involved in all levels of asthma education have access to materials, contemporary insights and community resources to achieve the highest standards of care.



### NETWORKING COMMUNITY

Connections between asthma educators of all types is key. We connect member to member, provide mentorship, and assist in the development of guidance and other initiatives for asthma care. Membership includes an innovative social engagement web/mobile hub for networking and resources.



### DEVELOPING EDUCATION

AAE develops high quality education programs for all. We have scalable courses for all levels of asthma educators, Foundational, Enhanced and Advanced. Members have access to continuing education programs providing multidisciplinary accreditations.



### SHARED GOALS

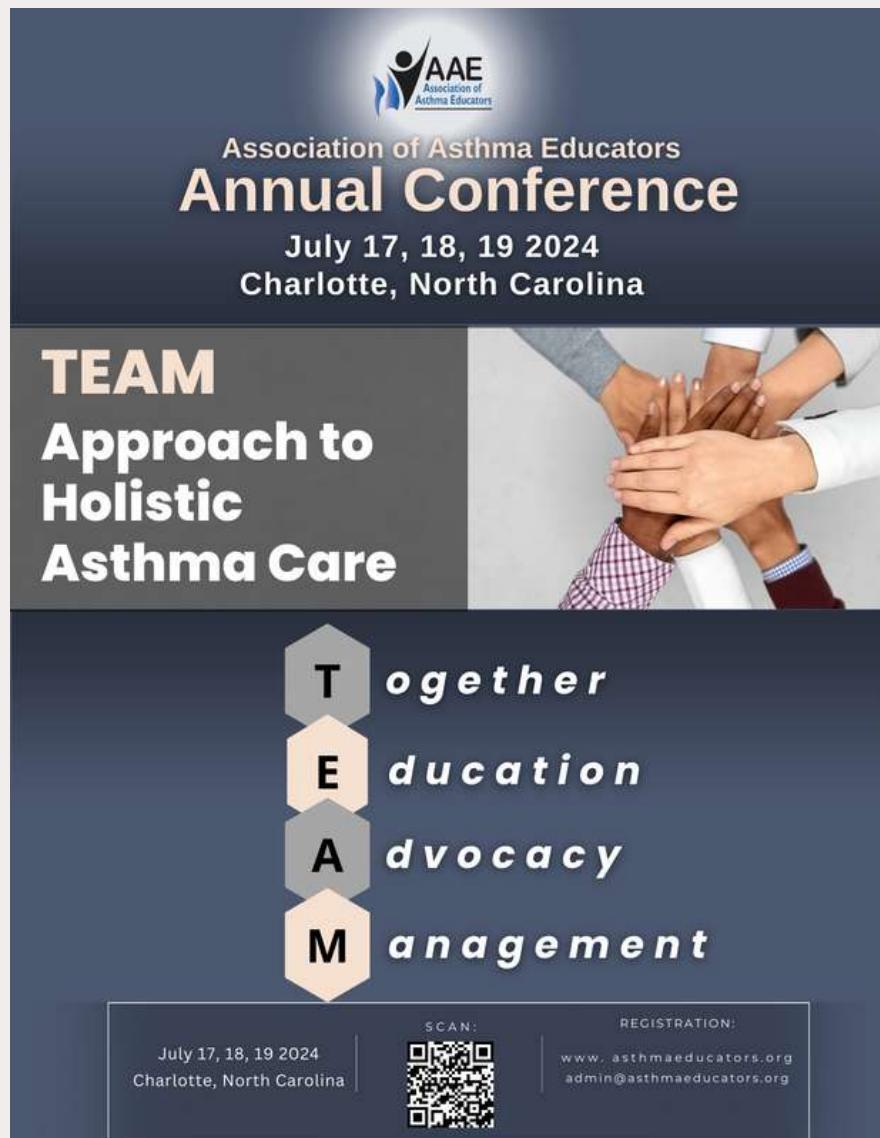
### IMPROVING LIVES

No matter your role in asthma care and education, you can be a part of the AAE community in many vital ways. We build a network between all professionals: physicians, pharmacists, nurses, program managers, community health workers, first responders... and more!



WWW.ASTHMAEDUCATORS.ORG

# LEADING THE WAY



The poster is for the Association of Asthma Educators (AAE) Annual Conference. The title 'AAE' is at the top with a stylized person icon. Below it is the text 'Association of Asthma Educators' and 'Annual Conference'. The date 'July 17, 18, 19 2024' and location 'Charlotte, North Carolina' are also listed. The main theme 'TEAM Approach to Holistic Asthma Care' is on the left, with a photo of hands stacked on the right. Below this, the acronym 'TEAM' is expanded into 'Together, Education, Advocacy, Management' using hexagonal shapes. At the bottom, there is a box with the conference dates, a QR code, and registration information.

AAE  
Association of Asthma Educators

Association of Asthma Educators  
**Annual Conference**

July 17, 18, 19 2024  
Charlotte, North Carolina

**TEAM**  
**Approach to**  
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**T**ogether  
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**A**dvocacy  
**M**anagement

July 17, 18, 19 2024  
Charlotte, North Carolina

SCAN: 

REGISTRATION:  
[www.asthmaeducators.org](http://www.asthmaeducators.org)  
[admin@asthmaeducators.org](mailto:admin@asthmaeducators.org)

